DIRT N WORMS
CHOCOLATE PUDDING
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MAKES 6 SERVINGS

Ingredients
For the pudding:
1 box chocolate pudding mix
2 cups cold, real chocolate milk
(or amount listed on pudding box directions)

To assemble:
10 ounces chocolate vanilla sandwich cookies, about 20 cookies
12 gummy worms

Directions
1. Prepare a box of chocolate pudding mix, following package directions and using chocolate milk in place of classic.
2. Pour the pudding mixture into a glass baking dish. If you don’t want a skin to form, place a piece of parchment paper on top of the surface of the pudding (omit if you don’t mind the pudding skin).
3. Chill in the refrigerator until the pudding sets, around 1 to 3 hours (or overnight).
4. Pour the pudding mixture into a glass baking dish and spread evenly.
5. When ready to serve, place some gummy worms and “dirt” over the top. To prepare the “dirt,” place the chocolate vanilla sandwich cookies in a large gallon resealable bag. Using a rolling pin, crush the cookies into crumbs.
6. You can also add other toppings, like candy corn or a few whole cookies, if desired.

Nutrition: 360 calories; 9 g fat; 3 g saturated fat; 5 mg cholesterol; 4 g protein; 68 g carbohydrates; 2 g fiber; 290 mg sodium; 106 mg calcium. Nutrition figures based on using lowfat chocolate milk.